

Cesarean Birth Plan
Mother: Katie, Father: Lenny

- 1. I would like my husband to be my birth partner in the OR for my c-section.**
- 2. I will need Zofran in conjunction with any narcotic pain relief (morphine). I get violently ill without it.**
- 3. I will be saving my placenta to have it encapsulated. It needs to be put on ice ASAP and is NOT to be tampered with, tested, or treated with chemicals unless I give my expressed consent. It needs to be stored on ice in the lab (per Hurley protocol) until the representative from Sharp Funeral Home can come pick it up.**
- 4. My baby is NOT to be circumcised. Please do not even ask.**
- 5. My baby is NOT to receive erythromycin/antibiotic eye ointment after birth.**
- 6. My baby is NOT to receive the Hepatitis B vaccine.**
- 7. My baby is NOT to receive the Vitamin K vaccine directly after birth. I will be delaying this until at least 8 hours after birth after breastfeeding and bonding have been well established. Vit K injection can be given then, but only while my baby is actively nursing.**
- 8. It is my desire to initiate skin-to-skin contact and breastfeeding in the OR while I am being closed up, or ASAP after my c-section.**
- 9. My baby will be rooming in with me at all times. I request all testing, etc. be done in my room and in my presence. I do not want my baby separated from me for any reason unless I state otherwise.**
- 10. My baby will be BREASTFED. No formula or pacifiers are to be given unless I state otherwise.**
- 11. My baby is NOT to have a bath until at least day 2 or 3 post-partum or unless I request otherwise.**