



The Joy of Birthing

Bridgette A. Becker, LMT, A.C.Ht, BD, PE, HBIMI, CRI

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Placenta Encapsulation is the process of preparing the mother's placenta after the birth of her baby, by dehydrating, powdering, and placing it into capsules for the mother to ingest.

Limitations and Disclaimer

I am not a licensed medical professional. I am not able to diagnose, treat, or prescribe for any health condition. Services and fees are for the preparation and encapsulation of your placenta, not for the sale of the pills. No specific benefits or effects are promised. Benefits will vary from person to person. Many of the ascribed benefits are supported by evidence-based research, but none have been evaluated or approved by the FDA. It is your responsibility to determine whether using placenta preparations may be of benefit to you. _____ (initial)

Service Agreement

I will obtain your placenta at an agreed upon time and return completed capsules to you within 4 days. The jar containing your capsules will have dosing and handling guidelines. If requested and viable, (if the cord was with the placenta and the placenta and umbilical cord are intact) I will also provide you with a keepsake print and/or cord.

Client Responsibility

It is your responsibility to notify me as soon as possible following the birth, to make arrangements for transfer of your placenta to me. Failure to do so may result in delayed placenta preparation/encapsulation and may cause decreased potency of nutrients, hormones, and other beneficial attributes of the placenta. Improperly handled placentas are susceptible to spoilage and all placenta work is done at your own risk.

It is your responsibility to discuss the release of your placenta with your primary health care provider, as well as the facility in which, you will be birthing. Please be sure your placenta is promptly refrigerated or kept on ice until it can be picked up or delivered for preparation and encapsulation.

Your placenta may be kept at room temperature for up to 3 hours following your birth. Beyond that, it should be placed on ice or in a refrigerator. If processing will be delayed beyond 2-3 days, the placenta should be frozen. A frozen placenta may require 1-2 additional days for processing, as it must be gently defrosted prior to dehydration.

Fees and Refunds

The fee for this process is \$250.00. Clients using The Joy of Birthing for Doula Services may enjoy the benefit of a rate discounted to \$200.00. Payment is due at the time of contract signing. Should you, for any reason, decline the encapsulation services and rescind this contract, a refund of the balance, less a \$50.00 fee for retaining services and time will be issued within 30 days of written notification. Once the placenta is in the possession of Bridgette Becker, The Joy of Birthing, or a Representing Agent of, NO REFUNDS will be issued.

I will travel 20 miles (from 48423) at no (\$0.00) charge. If you live and (or) are birthing at a location outside of this radius, I charge \$0.50/mile, each way (for every mile outside of the 20 mile radius).

Miles: _____ x 2 (for two-way drive), x 2 (pick up & drop off) = \$ _____

Cash, Check, Money Order, PayPal transfer, and Credit Cards are accepted. Checks are to be made payable to: Bridgette A. Becker and mailed to:

Bridgette Becker, C/O
The Mind Body Collective
3093 Sashabaw Road Suite A
Waterford, MI 48329



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Processing Methods

Mark the circle to choose your method(s). I am happy to offer ½ and ½ or any other combination you are interested for an additional \$30.00.

Traditional Chinese Medicine (TCM) – In this method, your placenta will be steamed with ginger and lemon before dehydrating. This is to enhance its warming properties and help your body use the beneficial properties of the placenta in a deeper way. This method also kills any bacteria and reduces risk of spoilage. However, with the steaming process, some of the beneficial nutrients may also be lost. *

Raw Dehydrated Method – this method involves slicing the placenta while fresh and raw and dehydrating it immediately. Women who choose this method consistently report increased energy as one of the benefits. It is widely held that the hormones are more likely to be bioavailable when the placenta is processed raw. Some say that raw dehydrated pills will not stay potent for as long as TCM pills for using during menopause. *

*It is STRONGLY RECOMMENDED that capsules be kept in a deep freezer.

Photo Release

_____ (initial) I give permission to The Joy of Birthing (Bridgette A. Becker) to photograph my placenta before, during, and after processing and to use those photographs, as she desires for marketing, advertising, educational, or promotional reasons in print, or on the internet.

Client Health Release _____ (initial) I do not now, nor have I ever had any form of bloodborne pathogen, including, but not limited to Hepatitis B, Hepatitis C, HIV (Human Immunodeficiency Virus), AIDS (Acquired Immune Deficiency Syndrome), VHF (Viral Hemorrhagic Fever).

PLEASE NOTIFY ME IMMEDIATELY If you

- Have a LATEX (or other) ALLERGY
- Have had, or were suspected to have had, an INFECTION during labor/delivery

Client Signature: _____ Date: _____

Anticipated Place of Birth: _____

Address at which the capsules should be delivered: _____

