



The Joy of Birthing
Bridgette A. Becker, LMT, A.C.Ht, PE
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Placenta Encapsulation is the process of preparing the mother's placenta after the birth of her baby, by dehydrating, powdering, and placing it into capsules for the mother to ingest.

Limitations and Disclaimer

Bridgette A. Becker/The Joy of Birthing is not a licensed medical professional. We are not able to diagnose, treat, or prescribe for any health condition. Services and fees are for the preparation and encapsulation of your placenta, not for the sale of the filled capsules. No specific benefits or effects are promised. Benefits will vary from person to person. Many of the ascribed benefits are supported by evidence-based research, but none have been evaluated or approved by the FDA. It is your responsibility to determine whether using placenta preparations may be of benefit to you. _____ (initial)

Service Agreement

Bridgette, or an Agent of The Joy of Birthing will obtain your placenta at an agreed upon time and return completed capsules to you within 4 days. The jar containing your capsules will have dosing and handling guidelines. If requested and of a workable size, (if the umbilical cord is with the placenta and intact enough to work with) you will also be provided with a Dried, Keepsake Umbilical Cord. A Gold Gilded Keepsake (painted gold) is available, for an additional fee. Upon request, a Placenta Tincture will also be created. See "Fees and Refunds," below.

Client Responsibility

It is your responsibility to notify Bridgette A. Becker as soon as possible following the birth, to make arrangements for transfer of your placenta to me. Failure to do so may result in delayed placenta preparation/encapsulation and may cause decreased potency of nutrients, hormones, and other beneficial attributes of the placenta. Improperly handled placentas are susceptible to spoilage and all placenta work is done at your own risk.

It is your responsibility to discuss the release of your placenta with your primary health care provider, your birth team, as well as the facility in which, you will be birthing. Please be sure your placenta is promptly placed in an airtight container and refrigerated or kept on ice until it can be picked up or delivered for preparation and encapsulation. Protocols vary from location to location. Please be up to date and knowledgeable of your birthing location's requirements.

Your placenta may be kept at room temperature for up to 3 hours following your birth. Beyond that, it should be sealed in an airtight container and placed on ice or in a refrigerator. If processing will be delayed beyond 2-3 days, the placenta should be frozen. A frozen placenta may require 1-2 additional days for processing, as it must be gently defrosted prior to dehydration.

Processing Methods and Additional Options

The following are examples of available Encapsulation Methods. Half Steamed and Half Raw (Half and Half) may be chosen for an additional \$30.00. Placenta Tincture is \$80.00 as a stand-alone service, or \$40 if added to Encapsulation.

- Steamed (formerly TCM Style) – In this method, your placenta will be steamed with ginger and lemon before dehydrating. This is to enhance its warming properties and help your body use the beneficial properties of the placenta in a deeper way. This method may also kill any bacteria and reduce risk of spoilage. However, with the steaming process, some of the beneficial nutrients and much of the volume may also be lost.
- Raw Dehydrated Method – This method involves slicing the placenta, while fresh and raw, and dehydrating it immediately. Women who choose this method consistently report increased energy as one of the benefits.



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(Raw Dehydrated, cont.) It is widely held that the hormones are more likely to be bioavailable when the placenta is processed raw. Some say that raw dehydrated pills will not stay potent for as long as Steam Prepared Capsules, for using during menopause. *

O Placenta Tincture – A tincture is defined as “a medicine made by dissolving a plant or other specimen in alcohol.” This is a method in which the medicinal properties are extracted and preserved by soaking a small piece of the raw placenta, in alcohol, for 6 weeks. You will be given a jar, containing the whole tincture, an empty dropper bottle for the final, finished product, and instructions on how to finish and utilize your tincture. The alcohol acts as a preservative and will allow you the benefits of your placental medicine, for as long as you might be able to keep it.

*It is STRONGLY RECOMMENDED that capsules be kept in a deep freezer.

Photo Release

_____ (initial) I give permission to The Joy of Birthing (Bridgette A. Becker) to photograph my placenta before, during, and after processing and to use those photographs, as she desires for marketing, advertising, educational, or promotional reasons in print, or on the internet.

Please check here _____ if you wish to receive photos and information about your placenta and the process, via text/email.

Client Health Release _____ (initial) I do not now, nor have I ever had any form of bloodborne pathogen, including, but not limited to Hepatitis B, Hepatitis C, HIV (Human Immunodeficiency Virus), AIDS (Acquired Immune Deficiency Syndrome), VHF (Viral Hemorrhagic Fever).

PLEASE NOTIFY ME IMMEDIATELY If you:

- O** Have a LATEX (or other) ALLERGY (please list): _____
- O** Have had, or were suspected to have had, an INFECTION during labor/delivery
- O** Have had or have been exposed to Covid-19, or had any of its symptoms (not related to the birth), which are including, but not limited to fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

Fees and Refunds

The fee for the Encapsulation process, pickup, and delivery is \$300.00. Clients using The Joy of Birthing for Doula Services may enjoy the benefit of a rate discounted to \$275.00. Half and Half Preparation is \$30.00 in addition to the Encapsulation Process. Gold Gilded Keepsake Umbilical Cords are \$5.00, while simply dried Cords are complimentary. Placenta Tinctures may be purchased as a stand-alone service for \$80.00 or along with Placenta Encapsulation for \$35.00.

A Minimum Retainer Fee for \$50.00 is required, at the time of contract signing. The Joy of Birthing/Bridgette A. Becker cannot guarantee service until this is paid. The remaining balance is to be paid at the time of placenta pickup, or before. Should you, for any reason, decline the Encapsulation Services or Tincture Services and rescind this contract, a refund of the balance, less the initial Retainer Fee will be issued within 30 days of written notification. Once the placenta is in the possession of Bridgette Becker, The Joy of Birthing, or a Representing Agent of The Joy of Birthing, NO REFUNDS will be issued, less an unforeseeable incident, involving fault of Bridgette/The Joy of Birthing/ Representing Agent of The Joy of Birthing, rendering the placenta unusable.

I will travel 20 miles (from 48423) at no (\$0.00) charge. If you live and (or) are birthing at a location outside of this radius, I charge \$0.50/mile, each way (for every mile outside of the 20 mile radius).



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Miles: _____ x 2 (for two-way drive), x 2 (pick up & drop off) = \$_____

Final Menu of Available Services

Placenta Encapsulation	_____	\$300.00
Raw Preparation	_____	\$0.00 (included w/ Encapsulation)
Steamed Preparation	_____	\$0.00 (included w/ Encapsulation)
Half and Half	_____	\$30.00
Keepsake Cord (dried)	_____	\$0.00 (included w/ Encapsulation)
Keepsake Cord (dried and Gold Gilded)	_____	\$5.00
Placenta Tincture (stand-alone \$80, w/ capsules \$35)	_____	\$80.00 _____ \$35.00
Mileage as figured on page 2	_____	\$_____ (please write in)
Total for all services	\$_____	

Method, in which the above total is to be paid: _____

Paid in full? _____ yes/no

Retainer fee only, at this time? _____ yes/no

Client Signature: _____ Date: _____

Anticipated Place of Birth: _____

Address at which the capsules should be delivered: _____

Cash, Check, Money Order, PayPal transfer, and Credit Cards are accepted. Checks are to be made payable to:
 Bridgette A. Becker and mailed to:

Bridgette Becker, C/O
 The Mind Body Collective
 3093 Sashabaw Road Suite A
 Waterford, MI 48329